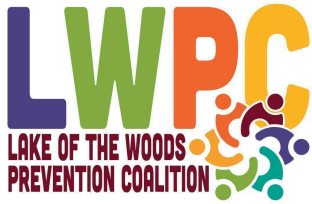
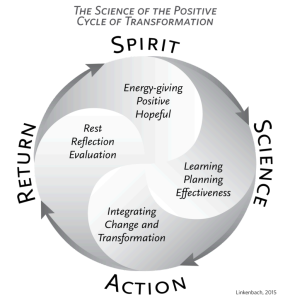


**Lake of the Woods
Prevention Coalition**
P.O. Box 1101
Baudette, MN 56623



Our Mission

The Lake of the Woods Prevention Coalition is dedicated to enhancing the health and well-being of individuals of all ages in our community by encouraging collaboration and partnership. Our mission is to promote mental, physical, and emotional wellness while supporting a lifestyle free from substance misuse.



**President –Heather Larson
Secretary – Aspen Thompson**

**Vice-President – Calista Wolf
Treasurer – Christine Hultman**

**November 3, 2025, 12:00 Noon
Zoom Meeting**

Present: Heather Larson, Aspen Thompson, Scott Fitzsimmond, Keegan Foss, Mary Merchant, Jill Hasbargen Olson, Will Castle, Grace Swanson, Christine Hultman, Sara Thompson, Sandy Peterson, Doris Knutson

Call to order: 12:02 p.m. by Heather Larson

Approval of Secretary’s Report: Meeting minutes September 15, 2025 were approved following a motion by Mary, second by Aspen.

Approval of Treasurer’s Report: Sandy updated on treasure’s report and changes with new grant and how it differs from the federal grant. She reported almost \$19,000 drawn down in indirect costs with almost \$30,000 remaining. Some of the remaining DFC funds were allocated as “bonuses” for Sandy and Doris, but will be put towards salaries rather than given as lump sums. Motion by Scott to approve treasurer’s report, second by Mary. Motion unanimously approved.

STUDs Report:

- Will and Grace provided updates on STUDs events and projects including Red Ribbon Week, held in October, a planned RRW Refresher Week to be held in February, and a STUDs photo contest.

Old Business:

- Sandy and Doris provided update on progress of office cleanup and reported they have gotten rid of most of the STUDs t-shirts. Cleanup process is ongoing. Also discussed was the remaining stock of PBIS shirts on hand and what should be done with those.

New Business:

- CTC Video (This video will be viewed at the November meeting instead.)

Media Report:

- Sara provided the report and shared new images that will go on the media screens in the commons at the school, as well as on pumptoppers at Northdale (west). Coalition members provided feedback on the images and suggested some changes in wording and images.
- Sara shared final image of second gym door project. Final approval was given and project will be sent to Sandpieper Design for printing.
- Discussion was held on upcoming article to announce the CTC grant.

Education:

- Doris and Sandy shared a slideshow they created called “What is a Drug?” they planned to present to the Jr. STUDs group.

Meeting adjourned at 12:52 p.m. following a motion by Aspen, second by Mary.

Next Meeting Date: December 15, 2025
January 26, 2026
April 6, 2026
June 1, 2026
July 27, 2026
September 14, 2026