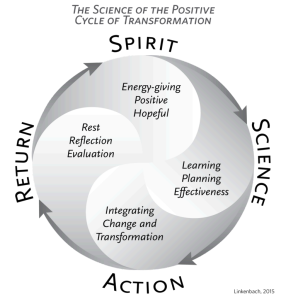


Lake of the Woods Prevention Coalition

P.O. Box 1101
Baudette, MN 56623



Our Mission

To unite together to inspire the youth and Lake of the Woods Community to prevent underage drinking, tobacco and other drug use.

President – Jim Austad
Secretary – Jodi Ferrier

Vice-President – Tammie Doebler
Treasurer – Christine Hultman

March 20, 2023, 12:00 Noon
Ambulance Garage and Zoom Meeting

Present: Lilly Smith, Emily Tange, Joyce Palm, Jodi Ferrier, Calista Wolfe, Brent Noble, Mary Merchant, Lauren Hewitt, Amy Ballard, Joe Grund, Sue Johnson, Christine Hultman, Sara Thompson, Sandy Peterson, Doris Knutson

Call to order: 12:00 p.m. by Secretary Jodi Ferrier

SPIRIT

Approval of Secretary's Report: Meeting minutes from March 20, 2023 were approved following a motion by Mary which was seconded by Calista.

Approval of Treasurer's Report: Treasurer Christine Hultman presented the CARA Grant Financial Report. Sandy Peterson provided an update on DFC Grant financials. It was suggested a CARA Leadership Team meeting be scheduled in order to determine how to spend some of the money that is currently in the CARA fund (\$215,207.73 left for year 3). Motion to approve the financial reports was made by Calista, seconded by Mary. Motion carried.

Update on Findings from last month's meeting

- CARA Grant Update: Doris updated the group on plan to purchase a number of ONEbox units. ONEbox is an emergency overdose reversal kit that is stocked with Narcan and also delivers on-demand training via video located inside the box.
- An update was provided by Sandy on the Positive Community Norms (PCN) Survey that had been conducted at the school in February. Results of the survey were expected to be out sometime in May.
- This year's National Night Out event was also discussed. The event will be held Tuesday, August 1, in Timbermill Park. Sue Johnson offered to bring equipment once again, with the seat belt convincer, a trivia wheel, and the cornhole game with impaired goggles available for this year's event. She will need a helper to assist her. An organizational meeting will be held soon.

SCIENCE

- STUDs Update: Lilly and Emily spoke about the PCN survey and showed the group a thank you video created by the STUDs media team. The upcoming Lock-In, to be held March 24, was also discussed. Chaperones were still needed, as were a couple waffle irons to be used at the event. A new mentoring program, called “STUDs Buds”, was also discussed. Beginning next school year, STUDs members will volunteer to be “buds” to younger students, guiding them through their first weeks in high (or middle) school, and then serving as mentors to the students. The program would involve students in grades 10 through 12 mentoring sixth and seventh graders. With the restructuring of grades at Lake of the Woods School, sixth grade will move up to high school. STUDs Buds will help those students transition to the new structure.

ACTION

- Media Update: Sara updated members on the new STUDs Buds logo she was working on, as well as the postcards containing safe prom and graduation messages to parents. She has created social media posts related to Alcohol Awareness Month in April she planned to disseminate, as well as some messages that focus on the coalition (when it started, how to join, etc.). The plans to purchase signage for the arena was also discussed. Plans are to purchase one or two backlit signs on the wall near the scoreboard, and also to purchase and have installed a Zamboni wrap featuring coalition messaging and school colors/logo. The plan to have STUDs and AAA provide activities and/or entertainment during hockey games was also discussed. Sara is also working on signage with our logos/messaging to be placed on the boards of the Gaga Ball game. Students who attended CADCA Leadership Forum this year brought back concerns regarding fentanyl. It was asked how fentanyl messaging fit in with Lake of the Woods County and how to use Positive Community Norms for serious fentanyl messaging. A discussion was held regarding Narcan social media posts and how to respond to negative comments that may be received. It was decided properly worded resources should be ready in order to respond to those potential negative comments. Through some pilot testing conducted by Sara, she found many people had not heard of fentanyl. EMS Chris Plourde suggested posts be changed to say Narcan should be administered first, THEN 911 should be called. Wording of the messages was also considered. It was suggested posts should say Narcan could “reverse the effects of an opioid overdose” rather than could “save a life” or “keep people alive”.

RETURN

- Anything else going on in the community you would like to share?
- In-kind on-line documentation link: <https://www.surveymonkey.com/r/ZDHSSK7>

Next Meeting Date: **May 15, 2023**

Meeting Adjourned: @1:03 p.m.

Upcoming Events: Lake of the Woods County Fair (July 12-15)
National Night Out (August 1)